



Community Engagement & Training Department
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Virtual Defibrillator Awareness Training

Dear Guardian,

We are aware that with the current ongoing COVID-19 pandemic our ability to provide any form of face to face training to yourselves and your communities has been severely restricted. However, in order to further support you we have now put together a suite of instructional training videos, these videos cover the range of topics we would normally cover in our face to face training sessions.

Please feel free to share the below links with anyone who you feel they may be of benefit to.

- [Cardiopulmonary resuscitation \(CPR\) for adults - YouTube](#)
- [Cardiopulmonary resuscitation \(CPR\) for children - YouTube](#)
- [Cardiopulmonary resuscitation \(CPR\) for babies - YouTube](#)
- [The recovery position - YouTube](#)
- [Automated external defibrillation for Adults - YouTube](#)
- [Out of Hospital Cardiac Arrest Guidance during COVID-19 \(Coronavirus\) Pandemic - YouTube](#)

We do hope you find this resource useful and we look forward to the time we can return to face to face training. In the meantime thank you for your support and keep safe.

Yours Sincerely

Operations Manager – Community Engagement & Training